

coffee - grub - urban farm store



2742 Lafayette Avenue
Saint Louis MO 63104
www.haveacow.farm
(314) 261-0305



Love your enemy

The mission of Have A Cow is to foster connection and provide opportunity for folks from different backgrounds to come together, break down cultural barriers and serve one another.

*Growing up kids used to say, "Don't have a cow, man!" meaning don't get all excited about something. But we **want** you to HAVE A COW! We want you to get excited! And specifically we want folks to get excited about getting to know each other, serving each other and **even** loving each other - even if we're from very different backgrounds - even if we consider each other enemies.*



SCAN QR CODE FOR MENU PDF

BURGERS & SANDWICHES

Served with your choice of side

Have a Cow Burger \$8⁹⁵

5oz hamburger, flame broiled, served with lettuce, tomato, pickle and onion on a brioche bun. Add cheese, bacon, fried egg or avocado - \$1 each

The Half Pounder \$12⁹⁵

Half pound hamburger, flame broiled, served with lettuce, tomato, pickle and onion on a brioche bun. Add cheese, bacon, fried egg or avocado - \$1 each

The Whole Farm \$15⁹⁵

Half pound hamburger, flame broiled and topped with bacon, cheese and a sunny side up egg on a brioche bun

The Porker (AKA BLT) \$12⁹⁵

A generous portion of bacon, fresh lettuce and tomato on toasted white or wheat bread with mayo. Add cheese or avocado - \$1 each

The Barnyard Chick \$12⁹⁵

Flame broiled or crispy chicken breast topped with lettuce, tomato and pickle, served on a toasted brioche bun. Add cheese, bacon or avocado - \$1 each

Smile and Say Cheese \$9⁹⁵

A savory blend of three cheeses griddled to melted perfection.
Add bacon - \$1

Roasted Veggie Panini \$10⁹⁵

Seasonal flame roasted vegetables, cheese and mayo served panini style

Grilled Peanut Butter with Jam \$8⁵⁰

Your childhood fave taken up a notch - peanut butter and seasonal jam (or honey if you prefer), grilled until velvety

Filly Cheese Steak \$15⁹⁵

Have a Cow sirloin steak, sliced thin and grilled with peppers and onions, topped with pepper jack cheese on a toasted hoagie

Farmer's Catch \$11⁹⁵

Broiled whitefish sandwich with lettuce and mayo on a toasted bun

Have A Cow beef is grass-fed, grain-finished from our ranch in Owensville, MO

SIDES

Taters\$3⁹⁵

Steak fries or battered fries

House Made Tater Chips\$3⁹⁵

Side Salad\$3⁹⁵

Greens with tomatoes, red onion and feta, with choice of dressing

Cattlemen's Chili.....\$3⁹⁵ cup / \$5.⁵⁰ bowl

Hominy on the Range\$3⁹⁵

Forget what you know about hominy - this creamy, cheesy dish will make you a believer

Baked Potato Salad\$3⁹⁵

A baked potato with bacon, cheese and chives, served potato salad style

Roasted Seasonal Veggies\$3⁹⁵

Ask about today's offering



Basket of Fries or Chips\$5⁹⁵

Basket of Fries with Chili and Cheese\$9⁹⁵

For Cowpokes

Served with chips or fruit

1/2 Grilled Peanut Butter with Jam\$5⁹⁵

1/2 Grilled Cheese\$5⁹⁵

Cup of Chili\$5⁹⁵

Our beef is available to purchase and prepare at home – everything from steaks to roasts to ground beef and more!

Check out the beef freezer to see our selection!

SALADS

Choice of dressing: Ranch, Raspberry Vinaigrette, Poppy Seed, Honey Dijon, Blue Cheese or Balsamic Vinaigrette

Add steak, chicken or grilled fish to any salad - \$2

Field Greens + 5 ***\$12⁹⁵***

Your choice of up to five of the following toppings on a bed of greens

Apples	Red onions	Boiled egg
Dried Cranberries	Green onions	Walnuts
Pears (in season)	French fried onions	Sunflower seeds
Strawberries (in season)	Avocado	Black olives
Feta cheese	Tomatoes	Edamame
Goat cheese	Cucumber	Croutons
Cheddar cheese	Bacon	

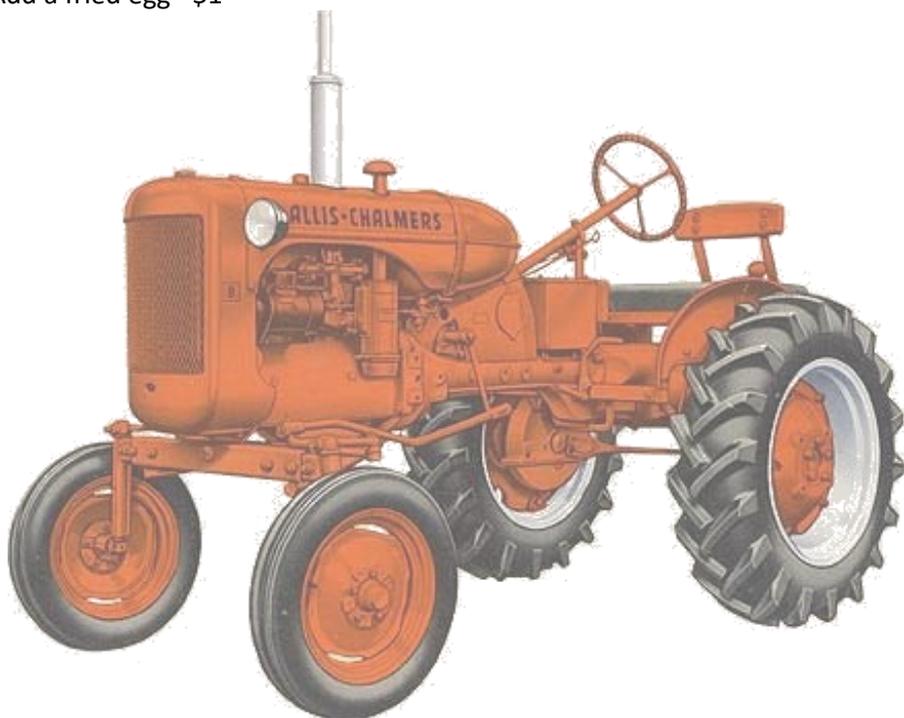
Field Greens + 3 ***\$9⁹⁵***

A smaller version of the above, with your choice of up to 3 toppings

The Ranch Hand ***\$12⁹⁵***

Sautéed seasonal vegetable medley served hot on a bed of mixed greens

Add a fried egg - \$1



Menu items and prices subject to change

Allergy alert: menu items may contain or come into contact with WHEAT, EGGS, PEANUTS, TREE NUTS, and MILK.

For more information, please speak with a manager.

BREAKFAST ALL DAY

Bunkhouse Breakfast \$10⁹⁵

Two eggs, homestyle potatoes, one pancake, and choice of: two bacon slices or a sausage patty or seasonal fruit or seasonal veggies

Rancher's Breakfast \$9⁹⁵

Three eggs, toast with jam or honey, and choice of: two bacon slices or a sausage patty or seasonal fruit or seasonal veggies

Pancakes \$9⁹⁵

Two pancakes (traditional, blueberry or chocolate chip) with choice of: two bacon slices or a sausage patty or seasonal fruit or seasonal veggies

Biscuit & Gravy \$8⁹⁵

Hearty buttermilk biscuit served with a generous helping of savory sausage gravy. Add 2 eggs - \$2

Belgian Waffle \$8⁹⁵

Served with butter & syrup, and choice of: two bacon slices or a sausage patty or seasonal fruit or seasonal veggies

Omelet \$10⁹⁵

Three-egg omelet with cheese, onions and bell peppers, served with homestyle potatoes and toast

Add bacon, sausage, seasonal fruit or seasonal veggies - \$2 each

Quiche of the Day \$9⁹⁵

Served with side salad or seasonal fruit

Git Up N' Go \$6⁹⁵

Two eggs scrambled with cheese served on your choice of bread

Healthy Cow \$6⁹⁵

Low fat vanilla yogurt served with granola

A la Carte

Oatmeal topped with brown sugar \$3

2 Eggs, scrambled or fried \$2

2 Slices of bacon, or sausage patty \$2

Toast or biscuit with butter and honey or jam \$2

Seasonal fruit \$3

Pancake (traditional, blueberry or chocolate chip) \$3

Waffle (traditional, blueberry or chocolate chip) \$3

Purchase our beef, coffee and honey products online:

www.haveacow.farm

SWEETS

See bakery counter for today's selection

Cinnamon Rolls	\$3 ⁵⁰
Petit Muffin Loaves	\$2 ⁹⁵
Biscotti	\$2 ⁰⁰
Scones	\$3 ⁵⁰
Cookies	\$2 ⁵⁰
Brownies	\$2 ⁵⁰
Specialty Brownies	\$3 ⁵⁰

BEVERAGES

Check out our full beverage menu for all options

Fountain Drinks	\$2 ²⁵ / \$2 ⁷⁵
Juice (assorted)	\$2 ⁵⁰ / \$3 ²⁵
Milk or Chocolate Milk	\$2 ⁰⁰ / \$2 ²⁵
Hot Chocolate	\$2 ⁰⁰ / \$2 ²⁵
Smoothies	\$5 ²⁵ / \$6 ⁹⁵
Tea (iced or hot)	\$2 ⁵⁰ / \$3 ²⁵
Coffee	\$2 ²⁵ / \$2 ⁵⁰



Our Barbed Wire Coffee and Piper & Leaf tea products are available to purchase for you to enjoy at home!