

coffee – grub – urban farm store



2742 Lafayette Avenue
Saint Louis MO 63104

www.haveacow.farm
(314) 261-0305



Love your enemy

The mission of Have A Cow is to foster connection and provide opportunity for folks from different backgrounds to come together, break down cultural barriers and serve one another.

*Growing up kids used to say, "Don't have a cow, man!" meaning don't get all excited about something. But we **want** you to HAVE A COW! We want you to get excited! And specifically we want folks to get excited about getting to know each other, serving each other and **even** loving each other - even if we're from very different backgrounds - even if we consider each other enemies.*



SCAN QR CODE FOR MENU PDF

BREAKFAST ALL DAY

Bunkhouse Breakfast **\$10⁹⁵**

Two eggs, homestyle potatoes, one pancake, and choice of: two bacon slices, a sausage patty, scrapple or seasonal veggies

Rancher's Breakfast **\$9⁹⁵**

Three eggs, toast with jam or honey, and choice of: two bacon slices, a sausage patty, scrapple or seasonal veggies

Pancakes **\$9⁹⁵**

Three pancakes (traditional, blueberry or chocolate chip) with choice of: two bacon slices, a sausage patty, scrapple or seasonal veggies

Biscuit & Gravy **\$8⁹⁵**

Hearty buttermilk biscuit served with a generous helping of savory sausage gravy. Add 2 eggs - \$2

American Homestead Waffle **\$8⁹⁵**

Served with butter & syrup, and choice of: two bacon slices, a sausage patty, scrapple or seasonal veggies

Omelet **\$10⁹⁵**

Three-egg omelet with cheese, onions and bell peppers, served with homestyle potatoes and toast

Add bacon, sausage, scrapple or seasonal veggies - \$2 each

Quiche of the Day **\$9⁹⁵**

Served with side salad

Git Up N' Go **\$6⁹⁵**

Two eggs scrambled with cheese served sandwich style on your choice of bread

Healthy Cow **\$6⁹⁵**

Low fat vanilla yogurt served with granola

A la Carte

Oatmeal topped with brown sugar	\$3
2 Eggs, scrambled or fried	\$2
2 Slices of bacon, sausage patty or scrapple	\$2
Toast or biscuit with butter and honey or jam	\$2
Seasonal fruit	\$3
Pancake (traditional, blueberry or chocolate chip)	\$2

Purchase our beef, coffee and honey products online:

www.haveacow.farm

BURGERS & SANDWICHES

Have A Cow beef is grass-fed, grain-finished from our ranch in Owensville, MO

 Served with your choice of side 

Have a Cow Burger\$8⁹⁵

5oz hamburger, flame broiled, served with lettuce, tomato, pickle and onion on a brioche bun. Add cheese, bacon, fried egg or avocado - \$1 each

The Half Pounder\$12⁹⁵

Half pound hamburger, flame broiled, served with lettuce, tomato, pickle and onion on a brioche bun. Add cheese, bacon, fried egg or avocado - \$1 each

The Whole Farm\$15⁹⁵

Half pound hamburger, flame broiled and topped with bacon, cheese and a sunny side up egg on a brioche bun

The Porker (AKA BLT)\$12⁹⁵

A generous portion of bacon, fresh lettuce and tomato on toasted white or wheat bread with mayo. Add cheese or avocado - \$1 each

The Barnyard Chick\$12⁹⁵

Flame broiled or crispy chicken breast topped with lettuce, tomato and pickle, served on a toasted brioche bun. Add cheese, bacon or avocado - \$1 each

Smile and Say Cheese\$9⁹⁵

A savory blend of three cheeses griddled to melted perfection.
Add bacon - \$1

Roasted Veggie Panini\$10⁹⁵

Seasonal flame roasted vegetables, cheese and mayo served panini style

Grilled Peanut Butter with Jam\$8⁵⁰

Your childhood fave taken up a notch - peanut butter and seasonal jam (or honey if you prefer), grilled until velvety

Filly Cheese Steak\$15⁹⁵

Have a Cow sirloin steak, sliced thin and grilled with peppers and onions, topped with pepper jack cheese on a toasted hoagie

Farmer's Catch\$11⁹⁵

Broiled whitefish sandwich with lettuce and mayo on a toasted bun

SIDES

Taters\$3⁹⁵

Steak fries or battered fries

House Made Tater Chips\$3⁹⁵

Side Salad\$3⁹⁵

Greens with tomatoes, red onion and feta, with choice of dressing

Cattlemen's Chili\$3⁹⁵ cup / \$5.⁵⁰ bowl

Hominy on the Range\$3⁹⁵

Forget what you know about hominy - this creamy, cheesy dish will make you a believer

Baked Potato Salad\$3⁹⁵

A baked potato with bacon, cheese and chives, served potato salad style

Roasted Seasonal Veggies\$3⁹⁵

Ask about today's offering

 **Basket of Fries or Chips**\$5⁹⁵

 **Basket of Fries with Chili and Cheese**\$9⁹⁵

For Cowpokes

Served with chips or fruit

1/2 Grilled Peanut Butter with Jam\$5⁹⁵

1/2 Grilled Cheese\$5⁹⁵

Cup of Chili\$5⁹⁵

***Our beef is available to purchase and prepare at home –
everything from steaks to roasts to ground beef and more!***

Check out the beef freezer to see our selection!

SALADS

*Choice of dressing: Ranch, raspberry vinaigrette, poppy seed,
honey dijon, blue cheese or balsamic vinaigrette*

Add steak, chicken or grilled fish to any salad - \$2

Field Greens + 5\$12⁹⁵

Your choice of up to five of the following toppings on a bed of greens

Apples	Red onions	Boiled egg
Dried Cranberries	Green onions	Walnuts
Pears (in season)	French fried onions	Sunflower seeds
Strawberries (in season)	Avocado	Black olives
Feta cheese	Tomatoes	Edamame
Goat cheese	Cucumber	Croutons
Cheddar cheese	Bacon	

Field Greens + 3\$9⁹⁵

A smaller version of the above, with your choice of up to 3 toppings

The Ranch Hand\$12⁹⁵

Sautéed seasonal vegetable medley served hot on a bed of mixed greens

Add a fried egg - \$1



Menu prices subject to change

Allergy alert: menu items may contain or come into contact with
WHEAT, EGGS, PEANUTS, TREE NUTS, and MILK.

For more information, please speak with a manager.

SWEETS

See bakery counter for today's selections

Cinnamon Rolls\$3⁵⁰

Petit Muffin Loaves\$2⁹⁵

Biscotti\$2⁰⁰

Scones\$3⁵⁰

Cookies\$2⁵⁰

Brownies\$2⁵⁰

BEVERAGES

See our full beverage menu for all options

Fountain Drinks\$2²⁵ / \$2⁷⁵

Juice (assorted)\$2⁵⁰ / \$3²⁵

Milk or Chocolate Milk\$2⁰⁰ / \$2²⁵

Smoothies\$5²⁵ / \$6⁹⁵

Tea (iced or hot)\$2⁵⁰ / \$3²⁵

Coffee\$2²⁵ / \$2⁵⁰

Our Barbed Wire Coffee and Piper & Leaf tea products are available to purchase for you to enjoy at home!